



North Belfast Respect Programme



2010

Respect



Respect is feeling good about myself.

*Respect is knowing I am unique
and valuable.*

Respect is knowing I am lovable and capable.

Respect is listening to others.

Respect is knowing others are valuable, too.

Respect is treating others nicely.

Disclaimer: At the time of going to print all event details are correct, however these may become subject to change or availability.

Front Cover Photograph: Rebekah Bradford from Girls Model and Nicole O’Rawe from Little Flower taken at the Hallidays Road interface, the two students will read out a statement together during the North Belfast Respect Programme’s Remembrance Ceremony on September 27.



North Belfast Respect Programme



Foreword: North Belfast Respect Programme 2010 Ashton Community Trust CEO Paul Roberts.

I am delighted, on behalf of the Ashton Community Trust to warmly welcome you all along to the inaugural North Belfast Respect Programme.

While over the past three years a highly successful Respect Programme was held in the Greater New Lodge area, organised by the New Lodge CEP, this is the first time that such an impressive body of work is being delivered on a cross community partnership basis across North Belfast.

Ashton Community Trust has been asked to facilitate this body of work by the Office of the First Minister and Deputy First Minister who are co funding this programme alongside the Housing Executive.

The North Belfast Respect Programme is wholly about embracing respect for everyone, a practice we endeavour to implement in our everyday lives here at Ashton.

We, as a collective, believe that this year's programme involves a series of very worthwhile events that will be of interest to local people, community activists, the business and education sectors, government policy makers, politicians and society at large.

We believe there is something in this programme to interest everyone from cross community history tours, fun runs and youth drama productions.

We hope we will see friends old and new at these events which are designed to increase awareness around a range of issues and in the end produce a healthy amount of debate and a wealth of positive actions for the future.

The overall intention of the programme is to positively contribute to the development of a culture of respect that would move forward the day when all individuals regardless of politics, culture, ethnicity, creed, gender, sexual orientation, age or disability are treated as equals and can live, work and socialise together in harmony.

We hope that you enjoy the 2010 Respect Programme and we extend a very warm invitation to everyone who wishes to participate. We offer our thanks to all the organisers who have worked hard to create a truly unique showcase of events that displays the very positive cross-community relationships and ground breaking work that is happening across North Belfast.

North Belfast Respect Programme 2010

Week 1

Monday 27th September

Headline Event: Remembrance

Venue: Duncairn Gardens (Bridge of Hope Offices)

Time: 7.00pm

Contact Person: Irene Sherry

Telephone: 90 746 737



Description: A community remembrance and reflection ceremony will take place outside the Bridge of Hope's office in Duncairn Gardens on Monday September 27 at 7pm.

It is the inaugural headline event of the North Belfast Respect Programme and will remember and acknowledge the deep loss and hurt endured by our entire community as a result of the conflict.

Two local secondary school students will read out an agreed statement dealing with North Belfast's past as well as its hopes for the future.

The organisers will distribute white roses and candles to those at the event as a symbol of remembrance.

Music will be provided by local singer Jim Weir and the short ceremony will conclude with uplifting samba music provided by children from the Belfast School of Music band A-Freek-A.

Afterwards a discussion will take place across the road in Groundwork's offices entitled 'Making Sense of the Past in the Present', which forms part of a major body of work currently being undertaken by the Bridge of Hope.

The discussion will be headed up by a female only panel of leading politicians, academics and community leaders. Included in the panel are Sinn Féin MLA Carál Ní Chuilín, Baroness May Blood, and University of Ulster Senior Lecturer Transitional Justice Institute Eilish Rooney. The panel will be chaired by Dr Katy Radford from Queen's University Belfast School of Sociology.

The short remembrance ceremony begins at 7pm and concludes around 7.30pm. The discussion in Groundwork will begin at 8pm.

Contact details for organiser is Irene Sherry, Project Director, Bridge of Hope 028 90746737 email Irene@ashtoncentre.com

Wednesday 29th September

Housing & Redevelopment Information Night

Venue: New Lodge Youth Centre (Grey Gables) Upper Meadow Street

Time: 7.00pm

Contact Person: Liam Wiggins - Upper Long Streets Residents Association

Telephone: 90 742 399



Description: The people of the Upper Long Streets area of the New Lodge have waited for many years for the recent announcement of a much needed redevelopment scheme. This event is being organised to provide information and discussion on a range of issues relating to their rights, entitlements and responsibilities as tenants and homeowners. It is aimed at ensuring that the redevelopment process is conducted in a democratic, open, fair and participative manner. Resident participation is a key feature of community development processes. This event is therefore about respecting the rights of citizens/residents to participate in an informed manner and to weigh that information against previous knowledge and experience so as to ensure the best possible outcomes for everyone affected. This event supported by Ashton Community Trust Training & Employment Project.

Thursday 30th September

Introduction to Meditation Course

Venue: McSweeney Centre, Henry Place

Time: 12.30pm - 1.30pm

Contact Person: Justine Brown

Telephone: 90 752 990



Description: The introduction to meditation course has been organised to improve practice and support practitioners by developing reflective practice and self-care awareness. Anyone interested in this course should contact in advance 90 752 990 to avoid disappointment.

HUBB Protestant Contribution to Liberty & Democracy

Venue: Seaview Presbyterian Church

Time: 7.30pm

Contact Person: Robin Frampton

Telephone: 90 777 511



Description: This is a lecture and presentation that is based on research named 'Dissent into Treason'. This will enable Irish Protestants to appreciate the contribution of their ancestors and to raise awareness on a crucial part of our shared history which has largely been overlooked.

Week 2

Tuesday 5th October

Small Wonders Park

Venue: Star Neighbourhood Centre

Time: 10.00am

Contact Person: Maria Valente

Telephone: 90 740 693



Description: This cross community event will enable parents and their 3 year old children from other communities to visit the Shankill Women's Centre's play park called Small Wonders. This park depicts famous landmarks from across the north of Ireland such as the Giants Causeway and the ship yard cranes. This visit will encourage conversations around our shared heritage and cultural lives.

Self Respect

Venue: Ashton Centre (Afterschool Room)

Time: 1.00pm – 3.00pm

Contact Person: Christine McKeown

Telephone: 90 742 255



Description: This event is aimed at raising awareness amongst children aged 3-5 years to promote self respect and respect for others through participative workshops that will encourage them to paint self portraits and write about what they like about themselves. The children will discuss their work which will then be displayed within a community building hopefully enhancing their sense of pride in their community. To book a place, contact Christine McKeown at the above number.

Thursday 7th October

Drugs – It's Everyone's Problem!

Lets Talk - Drugs Awareness Session

Venue: FASA, 178 – 180 Shankill Road

Time: 11.00am – 1.00pm

Contact Person: Alex Bunting

Telephone: 90 803 040



Description: Lets Talk – A discussion about drug use in North Belfast

Presentation of Third Level Education Bursary Awards

Venue: Newington Credit Union

Time: 12noon

Contact Person: Barney Devenney/John McCandles

Telephone: 90 351 040



Description: Newington Credit Union bursary has been financially helping young people in North Belfast for 5 years by offering third level education bursaries. To date 40 young people have received awards of £400 a year for 3 years. This event is to mark their achievements and to promote the value of education to the community.

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Telephone: 90 752 990



Description: The introduction to meditation course has been organised to improve practice and support practitioners by developing reflective practice and self-care awareness. Anyone interested in this course should contact in advance 90 752 990 to avoid disappointment.

Respecting the Needs of Learners - Essential Skills Workshop

Venue: McSweeney Centre (Henry Place)

Time: 1.00pm – 4.00pm

Contact Person: Hilary Adair

Telephone: 90 311 743



Description: This taster session will provide information about the value of essential skills including Literacy, Numeracy and ICT, its aim to allow potential learners to see what is on offer at the Ashton Centre and Mc Sweeney Centre for those wishing to brush up on their skills.

The Contribution of Irish Regiments during the 1st World War

Venue: Times Bar

Time: 6.00pm

Contact Person: John Howcroft

Telephone: 90 225 055



Description: This is a lecture given by Mr Dave O'Brien and is based around the shared contribution of Irish Regiments during the 1st World War. This focuses on the shared sacrifice of these regiments, focusing in on the Dublin Fusiliers and the PAL Battalions in particular.

Friday 8th October

Smile SureStart Family Day

Venue: 168-170 Duncairn Gardens

Time: 11.00am – 2.00pm

Contact Person: Cathy Crawford

Telephone: 90 756 654



Description: Smile SureStart would like to invite parents and children under the age of 4 to attend our Family Open Day. Come along and visit our new premises, meet staff and hear about all the services we have to offer you and your family. There will be opportunities to experience sensory play, play dough, messy play, face painting, song & rhyme and other fun activities. Light refreshments will also be provided.

Saturday 9th October

Historical Tour Tigers Bay / New Lodge

Starting Point: Bridge of Hope (Duncairn Gardens)

Contact Person: Irene Sherry

Telephone: 90 746 737

Description: See page 8 for details on all tours.



Sunday 10th October

Headline Event: North Belfast Respect Family Fun Run

Starting Point: Crusaders Football Stadium, Shore Road

Time: 10.00am

Contact Person: Jim Deery (90 751 973) and Diane Mc Mullan (90 803 040)



Description: Approx 10k run, to register contact www.niathletics.org

Run 4 Respect is offering two different runs on the 10th October, for the keen runners there will be the 10k run and for those not so keen, there is the 1 mile family fun run/walk. Both will leave from Crusaders Football ground and finish on North Queen Street near Tesco's pedestrian entrance. Refreshments and family entertainment will be offered in Tesco's car park during and after the runs until 12:30pm and we encourage all people to come out and support all our runners.

Entrance fee is £10 for 10k by NI Athletics Website, there is an option for late entrants on the day costing £15. There is no charge for the fun run but you can purchase a Run 4 Respect T-shirt costing £3 to wear on the day if you wish.

We will encourage people to car share on the day as parking is limited near Crusaders grounds, parking will be available at the finish line in Cityside. A park and ride service will also be operating on the day.

We hope all runners and supporters will have an enjoyable family day out with the possibility of this becoming an annual event in the future.

Potted History Bus Tours

A series of tours around North Belfast, Stormont, Dublin and Wicklow will take place in October as part of a programme of events designed to raise awareness around a range of social, political and cultural issues that are important not only to North Belfast but wider society.

The potted history bus tours will take in areas such as the New Lodge, Mount Vernon and Tigers Bay and will be hosted by several home-grown tour guides. On the Dublin and Wicklow tours experts from the New Lodge based Glenravel Local History Project will take the lead while in Stormont the tour will be expanded to include a question and answer sessions with North Belfast assembly members.

The tours are being organised by victims and survivors family services organisation The Bridge of Hope (BoH) and are part of a large body of work that BoH is currently carrying out under its 'Making Sense of the Past in the Present' project.

The tours in North Belfast will focus on three areas: New Lodge, Mount Vernon and Tigers Bay.

The North Belfast tours will be hosted by individuals from these three areas and on the day, the bus tour will zig-zag its way along the timeline of North Belfast's history on a cross-community basis.

Crucially these tour guides will discuss their own community's cultural identity, the legacy of the conflict and its current efforts to build bridges towards a peaceful future. The tours will visit Tigers Bay and New Lodge on one day and Mount Vernon and New Lodge on another. After both tours a discussion will be held which will be facilitated by two leading conflict analysts.

Two trips are being organised for Dublin and the tour guide will be local historian Joe Baker from the Glenravel Local History Project. It is expected that the first trip will take in Arbour Hill and the British War Memorial. The second trip will tour Wicklow Gaol, Glasnevin and Kilmainham Gaol,

The Stormont visit will involve a quick dash through the institution's varied social and political chapters including its most recent relationship with devolution. All of North Belfast assembly members have been asked to meet visitors on the tour.

The tours are free however we request that if you are interested in attending to please email Bridge of Hope Project Director Irene Sherry (irene.sherry@ashtoncentre.com) or development officer Aine Magee (aine.magee@ashtoncentre.com) to book a seat. You can also telephone the office on 028 9022 1022 to book your place. If you have any special needs please let us know in advance.

Tour Dates:

- Tigers Bay-New Lodge Saturday 9 October.
- Mount Vernon-New Lodge Saturday 16 October.
- Dublin City, Arbour Hill, British War Memorial Sunday 17 October.
- Stormont tour and Q&A with local MLAs Wednesday 20 October.
- Wicklow Gaol Saturday 23 October.

For further information contact Bridge of Hope on 90 746 737



Week 3**Monday 11th October****Family Support – A Coffee Morning with Frances Black****Venue:** Bridge of Hope (164 Duncairn Gardens)**Time:** 10.00am – 1.00pm**Contact Person:** Irene Sherry**Telephone:** 90 746 737

Description: This is an opportunity to meet the acclaimed singer Frances Black who is also the Chief Executive of RISE (Recovery In a Safe Environment) Foundation of Ireland.

RISE provides individual and group counselling to people affected by addiction. The organisation also provides education and support to families who have a family member who is suffering with addiction. The coffee morning is a chance to speak directly with Frances and also the opportunity to speak to other practitioners working in this field.

Tuesday 12th October**World Café – A North Belfast Intercultural Tea Party****Venue:** Spectrum Centre, Shankill Road**Time:** 11.00am – 3.00pm**Contact Person:** Anne Carr**Telephone:** 90 240 642

Description: The newly developing Greater North Belfast Women's Network is inviting women from across the whole area to enjoy an inter-cultural tea party and dance.

We will be inviting women from around the world to share the ritual of tea drinking and what it means in their culture and will be including a "tea dance" with a twist – joining in the variety of dances from around the world. Tea sampling and snacks will be available. The event will also include a "women talk" conversation on issues around understanding cultural diversity and this will inform our submission through the Women's Support Network's response to the government's Cohesion, Sharing and Integration consultation.

Community Pharmacy Poster Launch**Venue:** Star Neighbourhood Centre**Time:** 6.00pm**Contact Person:** Jim Deery**Telephone:** 90 751 973

Description: This event will see the launch of a new poster designed by young people and local pharmacist to highlight the dangers of prescription drugs.

Flavours of the World**Venue:** Star Neighbourhood Centre**Time:** 6.00pm**Contact Person:** Margaret Valente**Telephone:** 90 740 693

Description: This event will consist of youth groups coming together and tasting a selection of foods from around the world. The purpose of the event is to explore other cultures through food while sharing information about the culture and lifestyles from different countries.

Wednesday 13th October

Launch of Tar Isteach Youth Anti Bullying Booklet

Venue: St. Kevin's Hall

Time: 10.00am

Contact Person: Tiarna Cunningham

Telephone: 90 746 664



Description: This booklet will be informative and contain important support information for young people who are being bullied. It will be young person friendly and compact enough for them to carry about their person for example in their blazer pocket or homework diaries. This production of the booklet is supported by OFMDFM.

Respecting the Rights of People with Disabilities

Information session on housing related support for people with physical /sensory disabilities or health related conditions such as brain injury, stroke etc.

Venue: North Queen Street Community Centre (Recy)

Time: 10.00am – 1.00pm

Contact Person: Ann-Marie McCormick

Telephone: 90 236 677



Description: This information session will give local people the opportunity to come along and find out more about a support service that could improve their independence and quality of life. The floating support service, funded by the NIHE Supporting People aims to provide a flexible housing related support service that will enable people to maintain their independence in their own home.

Headline Event: "Securing our Place in the Economy" "Delivering Community Benefits"

Venue: Lansdowne Court Hotel

Time: 9.30am

Contact Person: Paul O'Neill

Telephone: 90 742 255



Description: This event will highlight poverty and investment issues affecting disadvantaged communities. Despite the progress made as a result of the peace process and the new political arrangements, those areas most affected by the conflict are the very same areas least benefiting from economic regeneration. A range of experts from the world of politics, academia, community and business will come together to offer ideas and potential solutions relating to this problem.

Thursday 14th October

Drugs – It's Everyone's Problem! Substance Misuse

How do we respond as a community?

Venue: FASA, 178 – 180 Shankill Road

Time: 1.00pm

Contact Person: Alex Bunting

Telephone: 90 803 040



Description: This community based discussion is aimed at developing effective solutions to the problems of substance misuse, the event is open to everyone. It is only by working together as a community that we will create effective strategies to combat the dangers involved and protect our young people.

Introduction to Meditation Course

Venue: McSweeney Centre, Henry Place

Time: 12.30pm - 1.30pm

Contact Person: Justine Brown

Telephone: 90 752 990



Description: The introduction to meditation course has been organised to improve practice and support practitioners by developing reflective practice and self-care awareness. Anyone interested in this course should contact in advance 90 752 990 to avoid disappointment.

Friday 15th October

Procurement as a Means to Community Regeneration

Venue: NICVA

Time: 10.00am – 1.00pm

Contact Person: Irene Sherry

Telephone: 90 746 737

Description: This information seminar will promote an understanding of how procurement can support community renewal and hence contribute to the development of broader respect between businesses and the community.

Speakers include:

Jennifer McCann MLA (Chairperson, Finance & Personnel Committee)

Valerie Cupples, Procurement Manager, Belfast City Council

Sharon Smyth (Customer Services Manager for Supplies & Services Division CPD)

Saturday 16th October

Historical Tour of Mount Vernon & New Lodge

Starting Point: Bridge of Hope (Duncairn Gardens)

Contact Person: Irene Sherry

Telephone: 90 746 737

Description: See page 8 For further details on all tours.



Sunday 17th October

Historical Tour of Arbour Hill - British War Memorial - Dublin City

Starting Point: Bridge of Hope (Duncairn Gardens)

Contact Person: Irene Sherry

Telephone: 90 746 737

Description: Visit Arbour Hill where those executed after the 1916 rising were buried and learn how what was termed 'a failed uprising' changed Irish history forever.

The second part of the trip will be to the war memorial at Phoenix Park, which was built to commemorate all the Irish men who died fighting for Britain during the First World War

The trip will conclude with a walking tour of Dublin city exposing the marks left behind after the Rising and ending at the Famine memorial. See page 8 for details of all tours.



Cross Community Boxing Event

Venue: Midland Boxing Club, Clanmorris Street

Time: 1.00pm

Contact Person: Sam Cochrane

Telephone: 07835627678



Description: This event will involve a number of boxing clubs from the North and South of Ireland. Sports have always been a unifying factor, this event will help promote the ethos of engagement, co-operation and partnership through sport and present positive role models for young people to aspire to.

Week 4

Monday 18th October

North Belfast Xmas Factor Auditions

Venue: Various venues across North Belfast

Time: 6.00pm – 8.00pm

Contact Person: Cecilia Heron

Telephone: 90 742 255



Description: By building the creative ability of our young people, it gives them a broader view of the world and brings them together in a way that creates understanding and friendships. Please contact New Lodge Arts for further information on 90742255.

Tuesday 19th October

Respect Your Health – Action Cancer Bus

Venue: Tesco Carpark

Time: 10.00am – 3.30pm

Contact Person: Action Cancer to book appointments

Telephone: 90 803 344



Description: This event will highlight the importance for people to have respect for their personal health and well being. The Action Cancer Bus will be made available within the community to give local people the incentive to book an appointment and have a health assessment carried out, the bus also carries out breast screening for women aged 40 – 49 & 70 plus.

North Belfast Xmas Factor Auditions

Venue: Various venues across North Belfast

Time: 6.00pm – 8.00pm

Contact Person: Cecilia Heron

Telephone: 90 742 255



Description: By building the creative ability of our young people, it gives them a broader view of the world and brings them together in a way that creates understanding and friendships. Please contact New Lodge Arts for further information on 90742255.

Wednesday 20th October

Historical Tour of Stormont

Starting Point: Bridge of Hope (Duncairn Gardens)

Contact Person: Irene Sherry

Telephone: 90 746 737



Description: See page 8 for further details on all tours.

North Belfast Xmas Factor Auditions

Venue: Various venues across North Belfast
Time: 6.00pm – 8.00pm
Contact Person: Cecilia Heron
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Description: By building the creative ability of our young people, it gives them a broader view of the world and brings them together in a way that creates understanding and friendships. Please contact New Lodge Arts for further information. On 90742255

Respecting Difference

Venue: North Queen Street Community Centre (Recy)
Time: 3.00pm – 5.00pm
Contact Person: Christine McKeown
Telephone: 90 742 255



Description: This event is to build children's awareness around a range of issues through puppet shows, interactive question and answer sessions and activity booklets. The main focus will be on the detrimental effects of bullying, sectarianism and racism as well as disability issues.

Thursday 21st October

Headline Event: CSI Cohesion, Sharing & Integration

Venue: St Kevin's Hall
Time: 9.30am
Contact Person: Rab McCallum
Telephone: 90751362

Description: This event will be an opportunity for young people to contribute to a submission to the Government consultation on the proposed Cohesion Sharing and Integration programme, with a particular reference to Chapter 4, Empowering the Next Generation and Chapter 5 Respecting Cultures. We have invited all post primary schools in North Belfast to participate in this event and contribute to the consultation submission. This event will entail a number of facilitated workshops that will seek the views of young people on the issues identified.

Friday 22nd October

North Belfast Xmas Factor Auditions

Venue: Various venues across North Belfast
Time: 6.00pm – 8.00pm
Contact Person: Cecilia Heron
Telephone: 90 742 255



Description: By building the creative ability of our young people, it gives them a broader view of the world and brings them together in a way that creates understanding and friendships. Please contact New Lodge Arts for further information on 90742255

Respecting the Rights of Ex-Prisoners - CR Gas Research Launch

Venue: 174 Trust
Time: 7.30pm
Contact Person: Tommy Quigley
Telephone: 90 202 420



Description: During the burning of Long Kesh prison camp in 1974, pitched battles between republicans and the British army resulted in the extensive use of gas. Ever since, controversy has surrounded this event with persistent allegations that CR gas, which is ten times stronger than CS gas had been used. CR gas is known to cause cancer. The British authorities have never admitted using CR gas. Tar Isteach Ex-Prisoner Support Group have recently carried out research amongst the republican ex-prisoner population in North Belfast and the findings of this research will be made public at this event. A social evening will follow the presentations.

Saturday 23rd October

Historical Tour of Wicklow Gaol - Glasnevin - Dublin City Tour

Starting Point: Bridge of Hope (Duncairn Gardens)
Contact Person: Irene Sherry
Telephone: 90 746 737



Description: The trip will begin by visiting the historic Wicklow Jail where we will learn about the rising by the United Irishmen many of whom were held within these very walls.

There will then be a trip to Glasnevin Cemetery in Dublin where the remains of such notables as Michael Collins and Anne Devlin lie alongside forgotten paupers and the old city's elite.

Once again the trip will conclude with a walking tour of Dublin city showing evidence of the fighting left behind after the Rising and ending at the Famine memorial. See page 8 for details on all tours.

Week 5

Monday 25th October

Cross Community Youth Football Tournament

Venue: Loughside Pitches

Time: 6.00pm – 8.00pm

Contact Person: Philip McCann

Telephone: 07868666993



Description: This tournament will bring the youth away from all the interfaces within our catchment areas of North Belfast and will help with discouraging young people to stay away from flashpoint areas. This will also encourage peace building, promote mutual respect and understanding and enhance community relations. The age range for this tournament is 11 – 14 years of age.

Tuesday 26th October

Community Health Audit Launch

Venue: Bridge of Hope (164 Duncairn Gardens)

Time: 11.00am

Contact Person: Justine Brown

Telephone: 90 752 990



Description: The event will be addressed by a senior Public Health Agency representative. The report looks at health inequalities and how the balance can be redressed.

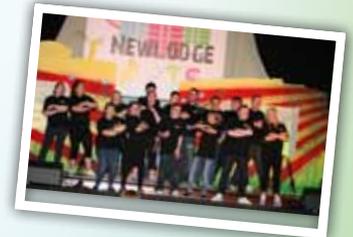
Headline Event: **Respect Pays (Positive and Young Show)**

Venue: Boys Model

Time: 7.00pm

Contact Person: Sean Montgomery

Telephone: 90 284 040



Description: The play will bring together young people from various communities throughout North Belfast. They will perform a play that will illustrate the positive contribution that young people contribute to life in North Belfast. Patricia Downey from Spanner in the Works will collaborate with the young people in the design and production of the drama project which will be titled "Respect PAYS" (Positive and Young Show).

This partnership brings together community, youth and statutory groups in partnership in this inter-community North Belfast event. Transport will be provided.

Cross Community Youth Football Tournament

Venue: Loughside Pitches

Time: 6.00pm – 8.00pm

Contact Person: Philip McCann

Telephone: 07868666993



Description: This tournament will take young people away from all the interfaces within our catchment areas of North Belfast and will help to discourage them to stay away from flashpoints. This will also encourage peace building, promote mutual respect and understanding and enhance community relations. The age range for this tournament is 11 – 14 years of age.

Wednesday 27th October

The Christian Foundation for Respect

Venue: Grove Health & Well-being Centre

Time: 10.00am

Contact Person: Rev Robert Beckett - 07974759573 - Pastor Brian Madden – 07894583127

Description: This event will focus on the unique identity and significance of every individual as "Made in the image of God" and also on the principles God gave society to facilitate respect for each other.

Cross Community Youth Football Tournament

Venue: Loughside Pitches

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Thursday 28th October

Introduction to Meditation Course

Venue: McSweeney Centre, Henry Place

Time: 12.30pm - 1.30pm

Contact Person: Justine Brown

Telephone: 90 752 990



Description: The introduction to meditation course has been organised to improve practice and support practitioners by developing reflective practice and self-care awareness. Anyone interested in this course should contact in advance 90 752 990 to avoid disappointment.

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North Belfast Halloween Lantern Parade

Starting Point: Mountcollyer Youth Club

Time: 6.30pm

Contact Person: Cecilia Heron

Telephone: 90 742 255



Description: Halloween will be celebrated through a cross community family oriented lantern parade that will leave from Mountcollyer Youth Centre(Limestone Road) and make its way to the Waterworks, lower pond, where there will be fire works display, music, entertainment and food. Everyone welcome.

Friday 29th October

Respect Closing Celebration

Venue: NICVA (Duncairn Gardens)

Time: 12.00noon – 2.00pm

Contact Person: Jim Deery 90 751 973, Irene Sherry 90 746 737



Description: This is an opportunity for all those who planned, co-ordinated and took part in the Respect Programme to celebrate all their hard work. Now that we have reached the end, it's time to let our hair down and enjoy some lighter moments courtesy of Sean Crummey who provides the voices behind the hugely successful animated political satire Folks On The Hill.



North Belfast Respect Programme

c/o Ashton Centre, 5 Churchill Street, Belfast, BT15 2BP

Main Enquiries: Ciara Rea Tel: (028) 90 742255 Email: ciara@ashtoncentre.com

Other Enquiries: Paul O'Neill Tel: (028) 90742255 Email: paul.oneill@ashtoncentre.com

Lead Partner: Ashton Community Trust



Ashton Community Trust

The Respect Programme is funded by:



Office of the
First Minister and
Deputy First Minister
www.ofmdfmi.gov.uk

Northern Ireland
Housing Executive

The North Belfast Respect Committee would like to thank the various individuals and organisations that have contributed to the planning and organising of this years events. Without your input and time this programme would not have been possible.

We would like to thank the Belfast Telegraph for kindly agreeing to be our media partner for this years programme.

Belfast
Telegraph